

# RIVERDALE PUBLIC SCHOOL DISTRICT

52 NEWARK POMPTON TURNPIKE • RIVERDALE, NEW JERSEY 07457-1419

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September 16, 2009

Dear Parents:

The new *School Health Services Guidelines* now request all physical examinations for school children to be completed at the “medical home” (private physician/nurse practitioner), of the children. The new guidelines also strongly recommend that a student receive a physical at each developmental stage:

- Early Childhood (pre-school through grade 3)
- Pre-adolescence (grades 4-6)
- Adolescence (grades 7-12)

We, currently, only require physical examination upon entrance into Riverdale School and prior to participation in interscholastic sports and intramurals.

Our school doctor, Dr. David Rasa, will be available, however, to perform physicals only on students wishing to participate in our sports’ program (grades 6, 7, and 8). Please keep in mind that your child’s family physician has increased knowledge available to him/her regarding your child’s past medical history, allowing for a more comprehensive physical examination.

If your child is a student in grades Pre-K – 5:

In previous years, Dr. Rasa, our school physician has provided physicals for those students in grades pre-K – 5 who desired a school physical. This is no longer a possibility; physicals must be performed at the “medical home” of the student.

Attached is a form for your private physician to complete and return to the school upon completion of their physical.

Do not hesitate to call with questions or concerns.

Thank You,

Karen Rapone, RN

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Parents of students in Grades 6, 7 and 8

Please sign and return by: 9/27/09

Child’s Name \_\_\_\_\_ Grade \_\_\_\_\_

\_\_\_\_\_ I wish Dr. Rasa, our school physician, to perform a sport’s physical on my child. Please sign and return this permission form along with Part A of the Athletic Pre-Participation Physical Form.

\_\_\_\_\_ My private physician will perform the physical on my child. (Both Parts A and B) need to be completed and returned. The attached forms are the only forms that will be accepted for a release to participate in school sports.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_